

**Proposed Course Additions, Deletions and Changes  
List #2 – Spring 2008**

**SCHOOL OF ARTS AND HUMANITIES**

**Course Changes:**

LIBS 308 The Practice of Culture

Change Description: The second course in a two-semester sequence, designed to raise critical questions regarding cultural practices in a variety of settings. Topics may include non-western culture issues, popular culture, and global politics.

*Justification:* Broadens topics available and faculty appropriate to teach the course.

THAR 210A Dance Level 1

Change Title: To: Contemporary Dance I

*Justification:* Title too generic – students don't know what the class is about.

THAR 210B Dance Level II

Change Title: To: Contemporary Dance II

*Justification:* Title too generic – students don't know what the class is about.

**SCHOOL OF SOCIAL SCIENCES**

**Course Deletions:**

COUN 520A Seminar: Role of Elementary Counselors

*Justification:* Course is no longer offered.

COUN 520B Seminar: Role of Secondary Counselors

*Justification:* Course is no longer offered.

COUN 522 Counseling Students with Special Needs

*Justification:* Course is no longer offered.

PSY 446 Behav'r Cognitive Processes

*Justification:* Course materials integrated into another course.

PSY 459 Intercultural Research

*Justification:* Course information integrated into another course.

**Course Changes:**

### COUN 502B Career Development in Adulthood

Change Description: Coun. 502B focuses more specifically on career counseling, including theories of career development, knowledge of interviewing, assessment, and print and computer-based career counseling materials. Further considered are how diversity issues influence personal needs, values, aptitudes, abilities, and interests, which, in turn, affect career educational choices.

*Justification:* Change in course description only.

### COUN 580A Relationship Counseling

Change Description: This course will explore relationship counseling from a variety of theories accompanied by their treatment approaches. An ecological approach to couples' functioning will be advocated with the result that counseling interventions will reflect the pluralistic needs of couples who are often embedded in complex social systems (including the legal system, the health system, among others). Issues such as domestic violence, developmental challenges, parenting/step-parenting, infertility, and extramarital engagements will be discussed. Cross-cultural perspectives and ethical issues will be integrated into all discussions. Prerequisites: Concurrent enrollment in Coun 580B, 510A or consent of instructor. Coun 540 is recommended.

*Justification:* Change in course description only

### COUNC 580B Sexuality Counseling

Change Description: This course provides students with knowledge and skills about counseling adults and couples about sexuality issues. Included are the physiological, psychological, and socio-cultural variables associated with sexual identity, sexual behavior, sexual disorders, sexual function and dysfunction, sex roles, gender identity, trauma and abuse, and aging. A biopsychological approach will be taken in working with a wide variety of sexual concerns; ethical and legal considerations in working with sexuality issues will be addressed as will issues of transference and counter-transference in working with these sensitive and intimate issues. Concurrent enrollment in Coun 580A.

*Justification:* Change in course description only

### GERN 317 Emotions of Adult Life

Change Description: Emphasizes the social context and social development of emotional responses throughout adulthood. Analyzes the reciprocal relations between social definitions and subjective feelings in connection with life events throughout adulthood. Addresses both basic emotions, such as fear, anger, pleasure and excitement, and more complex emotions, such as love, jealousy, grief, sympathy, pride, shame and despair. Crosslisted as SOCI 317. Satisfies GE, Category E (The Integrated Person).

*Justification:* This course has a GE (E) Requirement Designation attached since Spring 2000. This course description never got updated.

### HD 490 Senior Project

Change Description: A course devoted to senior projects required of human development students. Prerequisite: Admission to the Human Development Major and consent of instructor.

*Justification:* This is an advanced human development class that requires previous background in human development.

HD 496 Agency Internships

Change Description: Agency Internship - to allow students in Human Development to do supervised internships in a variety of educational and social service settings. Prerequisite: Admission to the Human Development Major and consent of instructor.

Change Units: From: 1 to 2 To: From 1 to 4

*Justification:* Human development students are encouraged to do an internship as part of their major. 1-2 units is not sufficient to cover the work they are doing in the field.

LIBS 402 Senior Synthesis (Effective Fall '07)

Change Units: From 3 to 4

*Justification:* 4 unit course in a 3 unit module with one hour

PSY 201 Human Potential

Change Description: Concepts and skills useful for increasing self understanding and interpersonal effectiveness.

*Justification:* Current verbage does not correctly reflect the course description.

PSY 250 Introduction to Psychology

Change Description: Theories, research and applications that constitute psychology. An important goal is to help students become informed consumers of psychological knowledge. Prerequisite to upper division courses in the major for students who enter Sonoma State University as first-time freshmen and students who transfer into psychology from other majors at Sonoma State. Satisfies GE, category D1 (Individual and Society).

*Justification:* Current verbage does not correctly reflect the course description.

PSY 338 Psychology of Creativity

Change Description: The study of creative people, processes, and environments. Current and historical theory and research on creativity in personal and professional situations, humanities, science, business, education, and everyday life. Emphasis on individual and group projects. Service-learning course.

*Justification:* Current verbage does not correctly reflect the course description.

PSY 358 Psychology of the Body

Change Description: This course focuses on the relationship between the body and the mind in physical health, psychological well being, and personal growth. Students will learn to: (1) critically evaluate empirical research reports and popular claims about mind-body practices; (2) develop an individualized long-term mind-body practice that can be

used to promote health, well-being, and personal growth; and (3) apply psychological principles and strategies for helping others adopt and maintain health and wellness promoting mind-body practices. Prerequisites: Admission to the Psychology major and junior standing.

*Justification:* This is an advanced psychology class that requires previous background in psychology.

#### PSY 360 Peak Performance Psychology

Change Description: This course will focus on important developmental, social, and performance issues in sport, the performing arts, and other areas of life in which one is called to perform under pressure (e.g., public speaking, test-taking, etc.). This course will include readings, discussions, presenting to peers, and participation in a mental skills training program that has been used by elite athletes, performing artists, and professionals from all walks of life (e.g., business leaders, social activists, law enforcement, writers, etc.) to enhance their performance. Prerequisites: Admission to the Psychology major and junior standing.

*Justification:* This is an advanced psychology class that requires previous background in psychology.

#### PSY 409 Social & Emotional Development

Change Description: This course presents an overview of social-emotional development across the life span. Theory and research will be assessed based on different theoretical models and approaches, including cross-cultural perspectives. Topics included are attachment, moral and personality development, social cognition, gender roles, identity, aggression, achievement and emotions. Prerequisites: PSY 250, PSY 302 or PSY 410

*Justification:* This is an advanced psychology class that requires previous background in developmental psychology.

#### PSY 428 Introduction to Counseling

Change Description: An examination of the counseling process. Various approaches are considered and methods for the development of component skills presented.

Prerequisites: PSY 306, junior standing and some sections require admission to the major and consent of the instructor.

*Justification:* This is an advanced psychology class that requires previous background in psychology.

#### PSY 429 Gestalt Process

Change Description: An experiential-didactic approach to the Gestalt process as developed by Fritz Perls and his associates. Useful both for developing counseling and therapeutic skills and perspectives and for personal growth. May be repeated once for credit. Prerequisite: PSY 307 or 329 or 428 or consent of instructor.

*Justification:* Current verbage does not correctly reflect the course description.

#### PSY 462 Humanistic & Existential Psychology

Change Description: Historical thinking in humanistic and existential psychology and examination of contemporary directions. Deals with the whole person in relation to his or her environment, from relationships and the family to the community, larger organizations, and the natural environment. Prerequisite: PSY 306 and 307 or consent of instructor.

*Justification:* Current verbage does not correctly reflect the course description.

#### PSY 495 Special Studies

Change Description: The psychology department encourages independent study as preparation and practice for life-long self-directed learning. Students should formulate plans for a project and present them to a faculty member for sponsorship. Special forms for this purpose are available in the department office. These should be completed and filed during the add/drop period. Twelve units of Special Study and Internship combined may be credited toward the major. Prerequisite: upper-division psychology major or consent of instructor. Cr/NC only.

*Justification:* Current verbage does not correctly reflect the department standing.

#### PSY 499 Internship

Change Description: Supervised training and experience for advanced students in community agencies throughout the university service area. Special contracts are required and are obtainable in the department office. Internship assignments may be paid. Priority is given to students who apply during the last month of the preceding semester. Students register for PSY 499 during the add/drop period by submitting a completed contract (not online). Prerequisite: consent of instructor. Cr/NC only. A maximum of 8 units of internship credit may be applied to the psychology major. No more than 4 units of PSY 499 may be earned in one semester.

*Justification:* Students may only take up to 4 units per semester. The current verbage does not reflect the course requirements.

#### WGS 285 Men's Health, Men's Lives

Change Title: To: Men and Masculinity

Change Description: This course examines construction of masculinity across axes of race, ethnicity, class, nation and ability. Utilizing a multidisciplinary perspective, this course addresses various theories of manhood and masculinity and the impacts on men's and boys' lives in various arenas such as relationships, family, the media, sports, work, crime, and health.

*Justification:* To reflect faculty interests and growth/direction of academic field.

#### WGS 390 Gender Work and Organization

Change Title: To: Gender and Work

Change Description: This course explores intersections of gender, race, class, immigration and nation within the U.S. labor market. We examine situations facing workers across economic sectors ranging from professionals to service sector labor. Topics may include: juggling work and family, discrimination/harassment, welfare reform, globalization, and activism/resistance to workplace challenges.

*Justification:* Change in faculty and shifting description and title to more accurately reflect the course content (as it has been taught).

WGS 475 Contemporary Feminist Thought

Change Title: To: Contemporary Feminist Theory

*Justification:* More accurate to the course content.

WGS 493 Teaching Supervision

Change Description: Students acting as teaching assistants or student-teachers enroll in this to gain professional skills development with a faculty member.

*Justification:* To more accurately reflect purpose of course. To be more succinct than current description.