Native American Studies (NAMS)

NAMS 160A *Humanities Learning Community (HLC) (4)*

NAMS 160 A/B is a year long course, which features weekly lectures and small seminars. It constitutes a Humanities Learning Community (HLC) for any first-year student. The learning objectives of the HLC will satisfy A3 (Critical Thinking) and C3 (Comparative Perspectives and/or Foreign Languages) GE Areas.

NAMS 160B *Humanities Learning Community (HLC) (4)*

NAMS 160 A/B is a year long course, which features weekly lectures and small seminars. It constitutes a Humanities Learning Community (HLC) for any first-year student. The learning objectives of the HLC will satisfy A3 (Critical Thinking) and C3 (Comparative Perspectives and/or Foreign Languages) GE Areas.

NAMS 165 *Native Cultures of Northern California (4)*

An introduction to the local and regional diversity of American Indian communities. Through the local and regional lenses, students will gain an understanding of the broader perspectives on Native American history, experience, and contemporary issues. This is a large lecture format with discussion sub-sections. Fulfills GE Area C2 and the Ethnic Studies requirement.

NAMS 200 *Introduction to Native Americans (3)*

A survey of the various geographical environments of tribes living in North America. The emphasis is upon precontact cultures, but includes cultural and historical changes to tribes during the settling of this country by Europeans. Satisfies GE Area D1 (Individual and Society) and the Ethnic Studies requirement.

NAMS 205 *Introduction to Native American Arts (4)*

NAMS 205 is a general introduction to traditional and contemporary American Indian arts in the U.S. The course is a survey of Native American art in major indigenous cultural regions from pre-Colonial times to the present. Includes information on the culture that produced the art forms and will explore the interplay between tradition and innovation. Satisfies GE Area C2 and the Ethnic Studies requirement.

NAMS 273 *American Diversity (4)*

This course explores and analyzes European and American historical events from a Native American perspective. Three Native culture areas will be used as examples: the Great Plains, the Southwest, and Northern California. Special emphasis will be placed on the events that shaped the lives of American Indians in these areas. Native philosophical perspectives and values will be illuminated in contrast to Euro-American philosophy and values. Satisfies GE Area C2. Only one course number 273 in the Arts & Humanities will be considered for credit. Prerequisite: ENGL 101.

NAMS 300 *Experimental Courses (1-4)*

Content varies from semester to semester. The majority of these courses are designed as short-term field excursions into various areas of the country where American Indians lived or are living.

NAMS 305 *North American Indian History (4)*

A survey-lecture course. It will chronologically follow the economic, military, social, and legal relationships between North American Indians and Euro-American colonists. Special emphasis will be placed on the relations with the federal and state governments from the Colonial period to the 20th century.

NAMS 338 *Native Americans and the Cinema (4)*

This course examines and critiques the depiction of American Indians in American cinema, including Hollywood movies, independent films, and documentaries. These works are analyzed through an exploration of the social construction of stereotypes, film theory, and historical and cultural contexts. Films by American Indians and non-Indians will be examined and analyzed. Satisfies GE Area C1 and the Ethnic Studies requirement.

NAMS 346 *Philosophic Systems and Sacred Movements in Native North America (4)*

NAMS 346 is designed to give students an overview of a broad range of topics arising in the study of diverse Native American philosophical systems and sacred movements, pre-contact to the present. Regional and historical approaches are utilized in the analysis of American Indian religious movements and philosophic systems; archeoastronomy, art forms, ceremonies, and a variety of literary genres are investigated as expressions of religious belief and activity. Satisfies GE Area C2 and the Ethnic Studies Requirement.

NAMS 354 *Native American Literatures (4)*

A general introduction to American Indian literatures that includes early translations, oral literatures, autobiographies, and contemporary poetry and fiction. The course also focuses on the American Indian writers’ connection to a “home landscape.” The study of the scope and nature of various representations of American Indians in literary texts are explored. Satisfies GE Area C2 and the Ethnic Studies requirement.

NAMS 399 *Selected Topics (1-3)*

This student-instructed course is offered periodically on various Native American subjects. The course is offered when instructors are available with unique knowledge and skill not available through the regular faculty.

NAMS 400 *Special Topics (1-4)*

Special topics courses in Native American studies are offered occasionally, depending on student interests and faculty availability. Typically, courses might be: Native American Law, Health Issues in the Native American Community, and Native American Tribal Government.

NAMS 410 *Seminar: Individual Native American Culture (4)*

An in-depth focus on the cultural experience of an individual Native American people.

NAMS 412 *Native California History and Culture (4)*

A survey of the cultures and histories of Native California Indians. Special emphasis on local Indians.

NAMS 414 *Native American Cultures of the American Southwest (4)*

An examination of the prehistory, ecology, settlement patterns, social organization, cosmological and ritual systems, material culture, mythology, language, and status of Northwestern Native Americans.

NAMS 418 *Regional Historical Studies (4)*

Seminar. Provides students with an opportunity to pursue various regional studies of Indian groups from precontact times to the present. Prerequisite: NAMS 200 or consent of instructor.

NAMS 420 *Fundamentals of Native American Education (1-4)*

This course is appropriate for those who will be teaching Native American students K-12 or those who wish to develop curriculum materials about American Indians. A survey of North American Indian educational history will be followed by practical projects stressing appropriate teaching strategies.

NAMS 430 *Advanced Native American Art Workshop (0)*

Emphasizes the practical application of traditional and contemporary Native American art forms, designs, and techniques. This course attempts to advance students' utilization of and appreciation for the various methods and skills of Native American arts while promoting individual creativity.

NAMS 440 *The Contemporary Native American (4)*

A seminar on the status of Native Americans in modern American society, including economic, political, and legal aspects; the role of the federal government; and the emergence of pan-Indianism and political activism.
NURS 301 NURSING CARE OF THE ADULT CLIENT I (9)
Seminar, 5 hours; practicum, 4 hours. This course is an introduction to nursing therapeutics underlying the basic skills and concepts in the practice of professional nursing. The focus is on concepts related to physical, emotional, spiritual, social and cultural needs and mechanisms for maximizing health. Basic pharmacology is included. Emphasis is placed on the application of the nursing process in maintaining health for adults. Prerequisites: Nursing majors only.

NURS 302 NURSING CARE OF ADULT CLIENT II (6)
Seminar, 4 hours; practicum, 2 hours. This course continues the application of nursing therapeutics underlying the basic skills and concepts in the practice of professional nursing. The focus is on concepts related to physical, emotional, spiritual, social, and cultural needs and mechanisms for maximizing health. Basic pharmacology is included. Emphasis is placed on the application of the nursing process in maintaining health and older adult populations. Prerequisites: NURS 301, NURS 303, and Nursing majors only.

NURS 303 MATERNITY & WOMEN’S HEALTH CARE (6)
Seminar, 4 hours; practicum, 2 hours. Principles and concepts of health and illness in childbearing and childrearing families are covered with an emphasis on preventive and therapeutic aspects for the pregnant and postpartum client. Use of community resources is introduced. Clinical experiences apply the caring process to childbearing and childrearing families with a focus on the principles and concepts of health promotion and maintenance to families in various phases of the health and illness continuum. Prerequisites: Nursing majors only.

NURS 304 PSYCHIATRIC AND MENTAL HEALTH NURSING (6)
Seminar, 4 hours; practicum, 2 hours. Students are introduced to the principles of mental health and illness. Nursing care therapeutics with populations experiencing mental health, stresses, and psychiatric illnesses are examined and applied. Prerequisites: NURS 301, NURS 303, and Nursing majors only.

NURS 310 NURSING RESEARCH AND EVIDENCE-BASED PRACTICE (3)
Seminar, 3 hours. This course examines sources of evidence, the nature of inquiry, basic research concepts, language, and processes. Approaches to research and ways of knowing in nursing and related sciences are explored. Qualitative and quantitative research methods are compared. Students critically appraise and interpret studies in order to enhance their understanding of the research process. Theoretical frameworks for research are explored. Levels of evidence are explored and the evidence-based practice brief is created. Prerequisite: course restricted to Nursing majors only.

NURS 312 BACCALAUREATE NURSING PERSPECTIVES I (4)
This course provides the foundation for critically examining the current healthcare system, evidenced-based nursing practice, safety and quality standards in healthcare delivery and interdisciplinary communication and collaboration. Prerequisites are admission to the nursing major.

NURS 313 BACCALAUREATE NURSING PERSPECTIVES II (4)
This course expands knowledge about the role of the professional nurse in society by exploring leadership and advocacy as integral components of professional nursing. It examines goals of current health care system reform including nursing’s expanded professional role in promoting health and mitigating health care disparities and inequities. Prerequisites: Course restricted to Nursing majors only.

NURS 395 COMMUNITY INVOLVEMENT PROGRAM (1-4)
CIP involves students in community problems related to the promotion of health and the prevention of illness. Credit may be given for such activities as volunteer work in health agencies and planning and participating in community health projects. A total of 6 units may be applied toward a degree. May be taken by petition only. Prerequisites: admission to the Nursing major, consent of advisor and department chair.