



Outdoor Leadership

Department of Environmental Studies and Planning Sonoma State University

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THE MARKET

Outdoor leaders are in demand from growing outdoor recreation, adventure tourism and multisport industries. In addition, outdoor leadership skills are directly applicable to the workplace in a wide range of leadership, management and coordination positions. There is also a steady demand for outdoor leaders in non-formal educational settings, such as outdoor education schools, the outdoor products industry, business and management training programs, adventure therapy projects, and other non-formal educational and recreational enterprises. Outdoor leadership employment opportunities often are located in some of the world's most fascinating and beautiful places, both in the U.S. and overseas.

OUR PROGRAM

The Outdoor Leadership study track described here combines relevant coursework in environmental science, kinesiology, business, and organizational leadership. All students are required to refine their skills through a formal internship. Internships – with local outfitters and organizations or on-campus programs such as the rock wall, outdoor resource center, or wilderness welcome program – give students the opportunity to apply their skills to help coordinate, lead, teach and evaluate programs in the outdoor leadership field. In addition to the required academic curriculum that follows, a variety of leadership training and skill development opportunities are also offered by SSU.

OUR CAMPUS

The SSU campus has many unique learning resources, such as: Fairfield Osborn Preserve (where our students can teach children while spending the day out on the trails); a world-class “green” recreation center (with climbing wall, a ropes course, and adventure programs center); the Kenneth M. Stocking Native Plant Garden (where there are several plant propagation projects underway); Copeland Creek (the focus of a student-faculty lead restoration effort); and the Environmental Technology Center (our high tech “green” center and classroom). Not far beyond the campus there are rugged beaches, Oak and Redwood forests, the vine country, and a world-class city just over the Golden Gate Bridge.

MOUNTAINS TO OCEANS

The Sonoma State Outdoor Leadership study track takes full advantage of the unique location of our campus. The North Bay is home to amazing beaches, rivers, deltas, bays, and mountains as well as a wealth of outdoor businesses and organizations. Most of the courses in our major requirements include significant field-based study and some include multi-day field trips.

Check our website: www.sonoma.edu/ensp

Other ENSP Study Plans include Education and the Environment •
Environmental Conservation and Restoration • Energy Management and Design • Planning •
Water Quality and Hazardous Materials Management

OUTDOOR LEADERSHIP STUDY PLAN

BACHELOR DEGREE REQUIREMENT (49 - 50 total units)

Lower Division Requirements (4 units)

ENSP 200	Global Environmental Issues (3) (GE)*
ENSP 201	Environmental Forum (1)

Environmental Science (29 units)

ENSP 302	Applied Ecology (4)
ENSP 303	Applied Physical Science (4)
ENSP 305L	Computer-Aided Communications (3)*
ENSP 307	Environmental History (4) -- OR --
ENSP 401	Environmental Policy (3-4)
ENSP 440	Education and the Environment (4)*
ENSP 442	Methods and Models: Ed and Env (3)*
ENSP 444	Outdoor Leadership (3)*
ENSP 499	Internship in Outdoor Leadership (4 unit minimum)*

Kinesiology (9 units)

KIN 325	Introduction to Adaptive Physical Education (3)
KIN 410	Lifespan Motor Development (3) -- OR --
KIN 427	Individuals with Disabilities in Educational and Recreational Settings (3)
KIN 340	Emergency Response (3) -- OR --
KIN 342	Principles of Musculoskeletal Injuries (3) -- OR -- Passage of Wilderness First Responder course

Business (4 units)

BUS 451	Entrepreneurship/Small Business Management (4) -- OR --
BUS 466	Organizational Communication (4) -- OR --
POLS 5XX	Non-Profit Public Administration courses (4) -- OR -- Approved Substitute

Leadership (3-4 units)

UNI 238	Foundations of Leadership (3) -- OR --
PSY 424	Human Systems Leadership (4) -- OR --
POLS 513	Leadership and Supervision

* = recommended for the Minor

GENERAL EDUCATION NOTES

The BA Degree also requires completion of the General Education (GE) requirements of the CSU including 9 units of Upper Division GE. See your advisor if you are unclear about your GE requirements. You can take courses above to fulfill this study track at any time. We recommend completion of GE courses before taking the "Major Requirements" above.

GE RECOMMENDATIONS

BIO 220 Human Anatomy (4) BIO 224 Human Physiology (4)
These two GE courses, combined with the nine units of KIN courses in the study track above, and two additional kinesiology courses, meet the requirements for a Minor in Kinesiology. See advisor for details.

(Updated: Spring 08)