DISMOUNT ZONE: New at SSU

We all know that with a growing campus comes an increase in bicycle, skateboards, service carts, and pedestrian traffic. Together SSU along with Police and Safety Services have always addressed issues of safety concerns. These concerns were brought to the Campus Reengineering Committee (CRC).

To help in this campaign, feedback and suggestions have were received from numerous community stakeholders, including CRC, Transportation Committee, Student Senate, Faculty Senate, other CSUs/UCs, and constituents.

The Alternative Transportation Policy will be updated in order to help reduce conflicts between non-motorized vehicles and pedestrian foot traffic areas. High volume areas will be considered “Dismount Zones.” These areas have been identified to include Seawolf and McCabe Plaza.

Bike racks from McCabe and Seawolf Plazas will be relocated to accommodate the needs of bicyclists and address the policy changes. New areas for rack placement will be the Schultz pathway and west side of Darwin Hall.

The implementation of ‘Share the Road’ and ‘Do Not Pass’ are some of the new signs you will be seeing around campus. The implementation of these signs and road stenciling will encourage cyclists to use roadways as their preferred way of travel throughout campus. The proper signage will also aid motorists in being more conscientious of other modes of transportation on the road.

Upcoming Events

ONGOING THRU APRIL
SEXUAL ASSAULT & ALCOHOL AWARENESS.
DISTRACTED DRIVING CAMPAIGN.

ONGOING THRU MAY
BICYCLE SAFETY.

MAY 5
CINCO DE MAYO - AVOID THE 13/ DUI EDUCATION CAMPAIGN.

MAY 7
ARE YOU A COTATI RESIDENT? BETWEEN 6:30-7:30 PM THERE IS A TOWN HALL MEETING!
For more info, Visit: http://ci.cotati.ca.us/headline.cfm?AnnouncementID=409

MAY 16
COMMENCEMENT!!

MAY 17-31
CLICK IT OR TICKET CAMPAIGN.

SUMMER 2015
IMPLEMENTATION OF DISMOUNT ZONES ACROSS CAMPUS.

-Fraud: How to Keep Yourself Safe

Far too often, especially with recent college students statewide, we are seeing people getting "Great Opportunities" through social media, email, mailings, and even on job websites.

It is important to carefully review the information you are getting and keep in mind the following tips:

- DO NOT deposit a check that is sent to you and return a payment back to the sender.
- Be suspicious of situations that offer a large benefit for little, or no, return.
- Always protect your personal information (SSN, date of birth, credit/credit cards, bank account numbers, etc.). Never give it out over the phone or email.
- Never open email attachments if you don’t know the sender.

Stop by the Police and Safety Services building if this has happened to you or if you would like extra information regarding identity theft.

If you are interested in reading more, go to the above link regarding “Deter, Detect, Defend.” Additional information can also be found at www.ic3.gov/default.aspx.
ALCOHOL ABUSE: Know the Symptoms and Myths

Know the symptoms of alcohol and keep in mind you do not need to have all these signs and symptoms before seeking medical attention. A person who is unconscious or cannot be awakened is at risk of dying.

Symptoms can include:
- Confusion
- Vomiting
- Seizures
- Slow or irregular breathing
- Blue-tinged skin or pale skin
- Passing out or unconsciousness
- Pale or clammy skin

It is important for you not to assume a person will “sleep it off” and to get them help.

Call 9-1-1 immediately. Be prepared to provide information to the dispatcher or other emergency personnel. Knowing what they drank and when will help the responders.

DO NOT ever leave an unconscious person alone until help arrives. If laying down, turn the person on their side to prevent choking.

You cannot reverse the effects of alcohol. Some myths include:
- Drinking coffee or other caffeine
- Taking a cold shower
- Walking it off
- Sleeping it off

Home remedies for alcohol poisoning will not work either.

Important Numbers
707-565-7450  24 Hr. Alcohol Info/Orenda
707-664-2153  CAPS
707-664-2921  SSU Student Health Center
Save a Seawolf is a great program offered at the SSU Student Union, or call 707-664-2382.

PERSONAL SAFETY: Staying Safe on and off Campus

Many crimes that occur go unreported and are often crimes of opportunity. This is due to either not wanting to get involved or thinking the police can’t do anything about it.

Reporting when you witness a crime will help stop crimes from occurring. By reporting you are helping to prevent crime.

Do not become a victim and keep the following in mind:
- Always be alert to your surroundings and walk with confidence. Trust your instincts (the voice inside you).
- DO NOT get distracted by your cell phone.
- Walk with friends or call Police for an escort.
- Do not let strangers into your residence.
- Get to know who your neighbors.
- Do not keep any valuables in plain view. To include cash, credit cards, computers, GPS devices, etc.

SSU Police and Safety Services need all the eyes and ears of everyone on campus. Calling 707-664-4444 or 911 with your information can help our community remain safe.

If a crime does occur…REPORT IT!!

Bicycle Tips
- Lock your bike with a U-style lock and through the frame.
- Lock your bike ONLY to bicycle racks (NOT trees, fences, rails, etc.)
- Bicycles secured to these objects are subject to impound (Per 2001-3(6).
- No tricks on campus (includes skateboards and unicycles)

Bicycle Laws
- STOP at all stop signs.
- Front white light is required at night.
- Ride with the flow of vehicle traffic.
- One hand must be on the bike at all times.
- Only one ear bud allowed.

More Questions? Email Bike Officer Wilde at wilde@sonoma.edu

Statewide Distracted Driver Awareness Month
APRIL 2015

Simply put … any activity that could divert a driver’s attention away from driving (texting, not using a hands free device, eating or drinking, grooming, reading, etc.

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Statewide ‘Click it or Ticket Campaign’
MAY 17-31
Every person inside a vehicle MUST properly use a safety belt (this means drivers, front and rear passengers). The driver and or passengers will be cited appropriately.