

## Student Health Center information from the SSU Catalogue

Phone: (707) 664-2921

<http://www/sonoma.edu/shc/>

Accredited by the Accreditation Association for Ambulatory Healthcare, Inc.

Sonoma State University maintains a nationally accredited, on-campus Student Health Center (SHC) that provides outpatient primary medical care as well as health education and public health services for regularly enrolled SSU students. The Student Health Center is located along West Redwood Circle, between the Schultz Library/Information Center and Rachel Carson Hall, and East of the Zinfandel dining area of the Residence Halls. Hours are 8 a.m. to 4:30 p.m. M-F, excluding campus closures and holidays. A limited extended-hours clinic is currently held until 5:30 p.m. on Mondays when academic year classes are in session.

**Staffing** The Student Health Center's professional staff includes board certified physicians as well as nurses, nurse practitioners, pharmacists, lab technologist, and X-ray technologist.

**Services:** The SHC provides quality outpatient medical care for acute illnesses, injuries and basic mental health concerns. Pharmacy, lab, x-ray, travel and athletic medicine and preventative medical services such as immunizations, Pap smears, contraception, and health education are also provided. While interim and transitional care is offered for medical stabilization and support purposes, continuing comprehensive care is not provided for chronic or complex conditions that may require hospitalization, after hours monitoring, the attention of a medical specialist, or similar interventions that are beyond the scope, staffing, or hours of operation of the Student Health Center.

The Student Health Center is funded by per semester health fees paid at in conjunction with university registration fees, so **SHC medical visits are available at no additional charge to regular SSU students** who have paid the necessary per semester registration fees. Discounted user fees are in place to cover the acquisition cost of medications, vaccines, specialized diagnostic tests, and certain other supplemental medical supplies. Nominal fees are also charged for pre-employment and pre-participation physicals and for summer services (if a continuing student is not registered in summer session).

Regularly enrolled SSU students who have paid SSU campus registration fees may receive basic medical visit services at other California State University Student Health Centers without additional charge during their regular academic enrollment and during the summer (according to summer service fees in place at the campus where they are seeking services). Insurance is not required to use the Student Health Center. However, health insurance is recommended, because students are financially responsible for medical services they receive outside the SHC. A private insurance carrier that contracts directly with registered CSU students offers a moderately priced supplemental health insurance policy designed to complement SHC services by covering necessary off campus, after hours, and out of area health care. Contact the SSU Associated Students Office (707 664-2815) or check [www.csuhealthlink.com](http://www.csuhealthlink.com) for information.

**Confidentiality:** SHC medical records and related information are confidential and are held in a manner consistent with state and federal law as well as national accreditation standards. Parents, family members, University personnel, and other individuals who are not the healthcare providers and SHC support staff directly involved in the student's medical care do not have access to SHC medical information without the patient's consent.

**Student Health Advisory Committee (SHAC):** Opportunities for student involvement and advocacy relevant to campus health issues are available through SHAC and health promotion projects. Those interested in serving on SHAC are encouraged to contact the Student Health Center. Those interested in health promotion projects should contact the SHC health educator.

### **Pre-enrollment immunization requirements:**

The CSU System requires that entering students born after 12/31/1956 **provide proof of full measles and rubella** immunization (given as MMR) or blood test proof of immunity. Full immunization consists of a **series of two appropriately spaced MMR shots**. The California state law also requires that all students who are under age 19 at the time of first enrollment show proof of completion of the **full series of three Hepatitis B** shots or blood test proof of immunity to Hepatitis B. This requirement persists until fully satisfied, regardless of subsequent age.

Detailed information about these immunization requirements can be found at

<http://www.sonoma.edu/SHC/immuniz.html>

**Entering students must submit photocopies of official medical documentation of all required immunizations to the SSU Office of Admissions and Records as far in advance of enrollment as possible.** Students should not delay in getting fully immunized and providing the required documentation, as students who do not comply in a timely fashion will be prohibited from registering for subsequent classes. The Student Health Center offers MMR and Hepatitis B immunizations at reduced cost to entering conditionally registered students as well as continuing SSU students who have been unable to complete the full series of required shots.

**Meningococcal Disease** is a rare but potentially fatal infection that occurs more frequently in college students, especially undergraduates living in Residence Halls or other close living situations. Those wishing to reduce their risk of acquiring this serious infection should make healthy lifestyle choices and are advised to become immunized with meningococcal vaccine. This vaccine significantly reduces but does not eliminate the risk of meningococcal meningitis and other manifestations of this infection. For information, contact your physician, the Student Health Center, or the Health Center Immunization Web page:

[www.sonoma.edu/SHC/immuniz.html](http://www.sonoma.edu/SHC/immuniz.html).