

## University Courses (UNIV)

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### UNIV 50 WRITING SKILLS (4)

This course focuses on developmental and learning skills in writing, including language mechanics, sentence patterns, paragraph patterns, spelling, vocabulary and developmental skills in reading, in preparation for ENGL 99. UNIV 50 is taught by Learning Skills Services staff and features an intensive learning environment. Placement in this course is based on the score on the English Placement Test (EPT). Cr/NC only. Not applicable toward graduation.

### UNIV 102 FIRST YEAR EXPERIENCE (3)

Designed to foster a supportive learning community, provide mentoring, enhance academic skills, personal skills (self-awareness, responsibility, relationships with others), and knowledge about campus resources to facilitate successful transition from high school to college. Other aspects covered are choosing a major, career exploration, health and social issues (sexual assault/harassment, alcohol/drug abuse), information competencies, code of conduct, and diversity/multiculturalism. This course is strongly recommended for first semester students.

### UNIV 103A LEARNING STRATEGIES: MATHEMATICAL THINKING (1)

An academic success course that explores mathematical thinking, problem solving, and personal and cultural approaches to mathematics. Suitable for all students who have not yet passed a GE math course. This course can be retaken for credit up to two times.

### UNIV 103B LEARNING STRATEGIES: STUDY SKILLS (1)

An academic success course that provides in-depth study skills information and practice, including effective time management, test taking, textbook reading, stress management and memory techniques. This course can be retaken for credit up to two times. Cr/NC only.

### UNIV 103C LEARNING STRATEGIES: WRITING (1)

An academic success course that reviews strategies, skills and habits that lead to improved academic writing. This course can be retaken for credit up to two times.

### UNIV 103D LEARNING STRATEGIES: ACADEMIC READING (1)

An academic success course that introduces strategies to aid comprehension and retention of academic reading skills required across the university disciplines. This course can be retaken for credit up to two times.

### UNIV 103S LEARNING STRATEGIES: SUPPLEMENTAL INSTRUCTION (1)

Discipline-specific study skills taught in the context of a designated GE course. Consent of instructor required. May be taken three times. Cr/NC only. Corequisite: enrollment in designated GE course.

### UNIV 150A FRESHMAN YEAR EXPERIENCE IDENTITY AND GLOBAL CHALLENGES (5)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. Satisfies GE categories A1 and A3.

### UNIV 150B FRESHMAN YEAR EXPERIENCE IDENTITY AND GLOBAL CHALLENGES (4)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. Satisfies GE categories A1 and A3.

### UNIV 199 STUDENT TO STUDENT LECTURE SERIES (1)

### UNIV 237 CAREER-LIFE PLANNING (1-2)

Offers students an opportunity to clarify their interests, values, skills, and lifestyle preferences to provide a foundation for effective career planning. Students use assessment inventories, interactive exercises, and occupational research to expand their understanding of options and plan their education and career paths, and learn job search strategies. Most appropriate for sophomores, juniors and seniors.

### UNIV 238 FOUNDATIONS OF LEADERSHIP (3)

This course examines the basic concept of leadership and the elements that comprise its practice in today's society. Through theory, discussion and experiential learning, the course provides the foundational knowledge required for actual leadership opportunities on campus and future employment in the work world. Topics include historical and modern views on leadership; the relationship between service, followership and leadership; motivation; environmental effects on leadership; and ethics and power. Concurrent enrollment in 238B is required.

### UNIV 239 ADVISING PEER MENTOR SEMINAR (1)

### UNIV 292 LIBRARY AND INFORMATION RESEARCH (1-3)

Designed to teach information research skills: how to assess the need for information, how to construct effective search strategies, how to retrieve information, and how to evaluate sources critically. Includes online research practice. Separate sections may focus on specific disciplines: social sciences, humanities, sciences and business, and may be crosslisted when appropriate.

### UNIV 295 COMMUNITY INVOLVEMENT PROGRAM (1-4)

CIP provides undeclared students the opportunity to explore career possibilities while providing much needed community service. Students may earn credit for volunteer service in a variety of organizational settings that may help them clarify their career goals and to declare a major appropriate for them. Requirements are 30 hours of community service per unit, a minimum of 2 meetings with advisor or faculty sponsor and a final paper. A maximum of 6 units of CIP may be used toward graduation. Cr/NC only.

### UNIV 310 PORTFOLIO WORKSHOP (3)

A mentoring seminar for students re-entering higher education. This orientation course has as its primary goal the connecting of past experiences with present academic opportunities through an academic plan for graduation. Course activities include discussion of learning theory, completion of learning styles inventories, introduction to educational uses of information resources and technology, and the compiling of a portfolio, including an expanded resume, an intellectual autobiography, two learning essays and an individual academic plan. On instructor recommendation, portfolios may be evaluated for degree credit for prior learning through the Faculty Evaluated Prior Learning Program. Prerequisites: completion of GE areas A2 and A3.

### UNIV 375 STUDY ABROAD (12)

Academic programs in institutions outside the country. Enrollment is by permission of the Office of International Programs. Cr/NC only.