

STUDENT SERVICES

Once you have decided to attend Sonoma State University, how do you make sure that you take full advantage of your University experience? Get involved!

At Sonoma State University, we are committed to enhancing the quality of life for all students. The University offers a wide range of student services and engagement activities to support our goals of student engagement, retention, and graduation. We encourage you to become familiar with these services and programs that enrich your college experience.

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- Student Involvement
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Academic Talent Search Program

(707) 664-2359

Academic Talent Search (ATS) is a federally-funded TRIO program designed to motivate and assist 1,500 6th-12th grade students in Sonoma and Mendocino Counties to prepare for and succeed in post-secondary education. Two-thirds of program participants are from low-income families where neither parent has completed a baccalaureate. Services include outreach workshops conducted at partner school sites, college visits throughout California, assistance with college applications, and presentations to raise awareness about financial aid and to develop participants' financial literacy. Located in Building 49.

Student Affairs

(707) 664-2838

www.sonoma.edu/studentaffairs/

The mission of Student Affairs is to facilitate student engagement and support students' learning and development goals, ultimately leading to the growth, retention and graduation of our students.

Student affairs strives to provide an environment where academic and personal growth is valued and encouraged. Students develop a sense of independence, community and accountability for themselves and their learning.

The programs and activities offered provide students the opportunity to become connected to their SSU community, develop academically and grow through exploration of their values, beliefs, and understanding of themselves and others.

Admissions

Salazar Hall 2030

(707) 664-2778

<http://admissions.sonoma.edu>

Student Outreach

Salazar Hall 1010

(707) 664-3029

<http://admissions.sonoma.edu/experience>

Under the direction of the Office of Admissions, the Student Outreach Office provides several services to prospective students. The Student Outreach Office coordinates student recruitment, houses our campus tour programs, provides pre-admissions information, and plans various campus events such as Seawolf Day, the North Bay College Fair, phone campaigns, and various counselor conferences.

Reentry Services

(707) 664-3029

Sonoma State University encourages all potential students in the pursuit of educational goals and personal and professional development.

Mature learners who have been away from the academic environment for some time and wish to return to school should contact the Student Outreach Office, (707) 664-3029, for information about admissions criteria.

Advising Center

Advising Center

Salazar Hall 1070

(707) 664-2730

www.sonoma.edu/advising/

Our mission is to work in a collaborative partnership with **Undeclared Students**. This is a shared responsibility where the adviser and student are equally invested in the educational process and holistic development of the student. Academic advising is designed to provide necessary tools and information for the Undeclared Students, allowing them to take responsibility for: developing education and career plans compatible with their goals as well as meet institutional and degree requirements. Successful advising is an on-going activity where students develop a relationship with an advisor and develop into individuals who take responsibility for their own life-long learning. We meet with students by scheduled appointments, phone appointments or drop in sessions. All students are strongly encouraged to see advising early and often throughout their educational journey.

Career Services

Salazar Hall 1070

(707) 664-2196

www.sonoma.edu/career/

Sonoma State Career Services provides comprehensive career services to students through career development, experiential learning, resume development, on-campus recruitment and employer networking. We serve as the bridge between Sonoma State's college experience and employment or graduate school, helping students make the connection between what they have learned and how they may apply the framework into the world of work. We provide students and recent graduates the assistance to make career decisions, connect with employers, and attain their life goals.

Associated Students

Student Center

(707) 664-4323

www.sonoma.edu/as

The Associated Students is a student run auxiliary organization of Sonoma State University. The mission of the Associated Students is to enrich the lives of all Sonoma State University students. Associated Students accomplishes this mission by promoting student interests through advocacy and representation. As an organization the Associated Students supports a variety of programs, services, and organizations to enhance the student experience at Sonoma State University.

Programs offered by the Associated Students include community service and service-learning opportunities through Join Us Making Progress (JUMP), co-curricular events and activities through Associated Students Productions (ASP), an early childhood education program and child development laboratory through the Children's School, as well as leadership and involvement opportunities for student governance through Student Government.

Associated Students also provides several services to students including student club and organization funding, student club and organization accounting services, Transitional Housing, the Short-Term Loan program, and student health insurance for students of Sonoma State University.

Campus Recreation

Recreation Center

(707) 664-4FUN

www.sonoma.edu/campusrec

Recreation Center

Campus Recreation is a student run organization devoted to providing wellness opportunities to students, staff, faculty and other members of the Sonoma State community. With a sustainable mission and amazing facilities, Campus Recreation is a space to play and learn on campus. Features and Programs includes:

- A state of the art fitness center with equipment for strength and cardio workouts
- In-Motion fitness classes in yoga, cycling, Zumba and more
- Massages from Certified Massage Therapists
- Personal Training Sessions
- An extensive list of intramural sports including soccer, ping pong, flag football and more
- An indoor climbing wall with certified instructors
- The Low Ropes course for team building experiences
- Outdoor trips to the wild places in California through Outdoor Pursuits
- An Outdoor Resource Center with Bike shop that offers outdoor gear rental and basic bike repair

Student membership is included in your student fees. Faculty and staff membership is very reasonable and can be purchased at the Recreation Center. Please visit our website for more information.

Come and Play!

Fitness

Fitness Center—equipment for cardio and strength workouts.

In Motion Classes—yoga, indoor cycling, Zumba, and more.

Massage—by CMTs.

Personal Training—fitness assessment as well as individual and group workouts with trainers.

Sustainability Education-tours, training, resources.

Competitive Sports

Intramurals (on-campus competition) teams for women, men, co-ed, residence halls, fraternities/sororities, and individuals. Includes indoor soccer, basketball, ping pong, flag football, volleyball and more.

Adventure Programs

Weekend and extended trips to backpack, climb, paddle, and explore the outdoors. The *Outdoor Resource Center*—maps and guide books as well as gear rental. Low Ropes Course—team-building

for classes and clubs. The *Climbing Wall* for beginners as well as experienced. *Wilderness Welcome*—a week-long pre-fall semester outdoor adventure for incoming first-year students.

Center for International Education

International Hall 107
(707) 664-2582
email: international@sonoma.edu
www.sonoma.edu/cie

The Center for International Education (CIE) provides the SSU campus community with programs, services, and activities related to international education and exchange. The CIE assists international students navigate University policies and procedures, e.g. academic policies, registration, housing, and health insurance and also assists students who are interested in studying away in the U.S or abroad. The CIE provides orientation and continuing student advising on matters such as academic expectations, cultural adjustment, utilizing local amenities, and solving personal problems. The International Education Exchange Council (IEEC) student club provides a rich array of field trips and social engagements to supplement intercultural experience in the United States. The CIE includes the following services:

International Student Advising

The CIE's International Student Coordinators admit international students at SSU and help them maintain their visa status; this includes F-1 students, J-1 students and scholars, and their dependents. Our International Student Coordinators provide advising and documentation on immigration matters, including work authorizations, program extensions, change of status applications, passport and visa requirements, replacement of lost documents, travel authorization, transfer of schools, and reinstatement. See the Admissions section of this catalog for application and general information for international students.

Study Abroad Opportunities and the National Student Exchange

Students who want to get the most from their SSU educational experience should try going away! Most people in the world follow the well-worn paths of life, but some students want to explore, and “push the envelope,” to excel, and to extract from their education every bit of opportunity. Study Abroad and National Student Exchange were created for these students.

The California State University International Programs

Developing intercultural communication skills and international understanding among its students is a vital mission of The California State University (CSU). Since its inception in 1963, the CSU International Programs (CSU IP) has contributed to this effort by providing qualified students an affordable opportunity to continue their studies abroad for a full academic year. More than 20,000 CSU students have taken advantage of this unique study option. International Programs participants earn resident academic credit at their CSU campuses while they pursue full-time study at a host university or special study center abroad.

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their CSU campuses while they pursue full-time study at a host university or study center abroad. The CSU IP serves the needs of students in over 100 designated academic majors. Affiliated with more than 50 recognized universities and institutions of higher education in 18 countries, CSU IP also offers a wide selection of study abroad destinations and learning environments.

Australia

Griffith University
Macquarie University
Queensland University of Technology
University of Queensland
University of Western Sydney
Victoria University

Canada

Concordia University (Montréal)

Chile

Pontificia Universidad Católica de Chile (Santiago)

China

Peking University (Beijing)

Denmark

Danish Institute for Study Abroad
(international education affiliate of the University of Copenhagen)

France

Institut Catholique de Paris
Institut Supérieur d'Electronique de Paris
Université d'Aix-Marseille (Aix-en-Provence)
Université de Cergy-Pontoise
Universités de Paris I, III, IV, VI, VII, VIII, X, XI, XII, XIII
Université Paris-Est Marne-la-Vallée
Université d'Evry Val d'Essonne
Université de Versailles Saint-Quentin-en-Yvelines

Germany

University of Tübingen and a number of institutions of higher education in the Federal state of Baden-Württemberg

Ghana

University of Ghana, Accra

Israel

University of Haifa

Italy

CSU Study Center (Florence)
Università degli Studi di Firenze
Accademia di Belle Arti Firenze

Japan

Waseda University (Tokyo)
University of Tsukuba

Mexico

Instituto Tecnológico y de Estudios Superiores de Monterrey,
Campus Querétaro

South Africa

Nelson Mandela Metropolitan University, Port Elizabeth

South Korea

Yonsei University

Spain

Universidad Complutense de Madrid

Universidad de Granada

University of Jaén

Sweden

Uppsala University

Taiwan

National Taiwan University (Taipei)

National Tsing Hua University (Hsinchu)

United Kingdom

Bradford University

Bristol University

Hull University

Kingston University

Swansea University

Students participating in CSU IP pay CSU tuition and program fees, and are responsible for airfare, accommodations, meals and other personal expenses. Financial aid, with the exception of Federal Work-Study, is available to qualified students and limited scholarship opportunities are also available. Most programs require students to have division standing at a CSU upper- campus by the time of departure; several programs are open to sophomores or Graduate students. California Community College transfer students are eligible to apply (to select programs) directly from their community colleges. Students must possess a current cumulative grade point average of 2.75 or 3.0, depending on the program, and must fulfill all course-work prerequisites. Additional program information and application instructions can be found on our website at www.calstatele.edu/ip.

National Student Exchange

The National Student Exchange is a program that provides opportunities to study through exchange in the United States, Canada, Guam, Puerto Rico and, the U.S. Virgin Islands.

Many opportunities will be available to you when accessing courses and programs from NSE's about 200 member campuses. Think of the adventure, the diversity of people, the culture, and the geography among the 49 states, District of Columbia, 3 territories, and 4 Canadian provinces where NSE has member colleges and universities. Consider the impact this program can have on your personal and academic growth, as well as the implications for your future.

Semester and academic year exchanges are available for sopho-

mores, juniors, and seniors who have and maintain a 2.5 grade point average. Academic courses completed as a National Student Exchange participant are considered residence units at Sonoma State University.

Further information and application materials may be obtained at the Center for International Education or by visiting www.nse.org.

The National Student Exchange Program at Sonoma State University is funded through the Instructional Related Activities Fund and paid for by student fees.

Non-CSU Study Abroad

The Center for International Education will also provide general assistance to students who wish to participate in a program or attend an institution which is not a partner in the CSU International Programs.

Sonoma State American Language Institute (SSALI)

For international students needing English language instruction for college, career, or social purposes, the Sonoma State American Language Institute provides an intensive English language learning experience. Students take 20 hours or more per week in courses such as Grammar, Reading, Composition, Communication, TOEFL preparation, English through Business, Culture & Conversation, English through Sports, and Pronunciation. English language instruction from high-beginning to advanced proficiency levels is taught by a professional, well-educated faculty in a supportive and family-like environment. College and career advising is available for all students, and many students choose to continue their education at Sonoma State University upon passing the TOEFL or IELTS or taking advantage of the TOEFL waiver policy.

Semester at Sonoma

The CIE offers a short-term, non-degree, academic credit-bearing program for international students seeking to study at SSU for one or two semesters. International students can take classes from any of SSU's 46 undergraduate majors through Open University and transfer those units back to their home country university. Semester at Sonoma is a full-time F-1 program that allows international students to study alongside American students and get to know one another's culture firsthand.

Work, Intern, Volunteer Abroad (WIVA) Services

The Work, Intern, Volunteer Abroad program provides SSU students and alumni with resources to guide their search for overseas opportunities aside from studying abroad. WIVA programs include work, intern, volunteer, teaching, or graduate study abroad.

The WIVA Programs coordinator can support SSU students by:

- Providing resources to guide their research;
- Assisting with international internships (students must consult academic advisor if receiving credit);
- Reviewing your resume; and
- Assisting with the interview and application process.

Students and recent graduates should use WIVA services as a guide

and are encouraged to conduct their own online search for additional opportunities and contact providers directly for program specific questions. Students can learn more about WIVA in the Center for International Education open Monday through Friday from 8:00 a.m.-5:00 p.m.

Children's School

Children's School
(707) 664-2230
www.sonoma.edu/tcs

The Children's School, a program of the Associated Students, provides high quality early childhood education services to children of SSU student, staff, and faculty families. The NAEYC accredited developmental program for ages one through five years is steeped in active sensory experiences and grounded in environmental ethics. The school operates as the Child Development Laboratory on campus and welcomes students from many different disciplines to observe and learn from and about children. The model school is staffed with Master Teachers who train our large SSU student staff in best practices and theories in Early Education.

Counseling and Psychological Services

Stevenson Hall 1088
(707) 664-2153
www.sonoma.edu/counselingctr

Short-term counseling is provided to enrolled students who are experiencing personal difficulties that interfere with their ability to take full advantage of the University experience. Licensed psychologists and post-doctoral therapists provide individual, couples, and group counseling. Our goal is to facilitate the following: personal growth and self-esteem, development of satisfying relationships, effective communication and decision-making skills, and the establishment of personal values. CAPS counselors help clients express and clarify their concerns and identify specific changes that might be helpful to them. Interventions are aimed at increasing self-awareness, utilizing existing coping strategies more effectively, and developing additional skills to deal more successfully with problems.

The counseling staff offers groups and workshops on a variety of themes, such as grief/loss, conflict resolution, adjusting to college, assertiveness training, eating issues, body image, LGBTQ, test anxiety, procrastination, and men's and women's issues. Drop-in/crisis hours are available daily. Referrals are made to community agencies and private practitioners for students requiring specialized services. For information and appointments, call (707) 664-2153.

Confidential Advocate

Stevenson Hall 1088
707-664-2153
www.sonoma.edu/counselingctr/crisis.html

The Crisis Advocate provides confidential advocacy support, victim outreach, coordination of support services, problem-solving, and assistance with decision-making to SSU students who are impacted

or victimized by traumatic, disruptive or disturbing life events (e.g., sexual assault, intimate partner violence, stalking, biased related incidents, abusive relationships, hate crimes, etc.). The Crisis Advocate supports SSU students through the process of physical, emotional, and financial recovery. This includes:

- An opportunity for students to talk about what happened in a confidential setting;
- Providing information to help students decide on a course of action;
- Helping locate resources on and off campus for a variety of needs including counseling, health services, restitution and housing;
- Assistance in developing individualized safety planning for school, home and work;
- Assistance in making arrangements with professors regarding missed classes, late assignments, or other course requirements; and
- Coordinating with on campus departments including University Police, Student Conduct, Residential Life, Housing, Admissions and Records, Health Center, SSU Compliance (Title IX Coordinator), etc. to make necessary arrangements and take appropriate actions while advocating on the students' behalf.

The Crisis advocate strives to promote the restoration of decision-making and control to survivors by advocating for their rights and honoring their experiences through education, collaboration, and by fostering a safe university community that respects the rights and dignity of all.

Student Involvement

Student Center, second floor
(707) 664-3808
www.sonoma.edu/campuslife
cslis@sonoma.edu

Student Clubs/Organizations

With over 160 chartered student clubs/organizations, joining one is an excellent way to get involved, meet people, develop friendships, and gain leadership experience. Over 100 clubs and organizations that are not Greek or sports related, joining a club/organization range from honor societies, identity-based, political, dance, and departmentally-sponsored. All are open to currently enrolled SSU students. Starting anew club/organization is easy, you need 5 members that includes a president and treasurer, an advisor that works at SSU, and a meeting with the Student Involvement office. You can find all active clubs/organizations here at sonomasync.com. Find and join a club today! The relationships and experience you gain through your involvement in a club/organization will have immeasurable impact on your time at SSU and beyond.
www.sonoma.edu/campuslife/clubs

Greek Life

Student leaders, agents for social change, innovators, scholars—these are just a few words to describe the men and women of the

fraternity and sorority community at Sonoma State University (SSU). With three councils made up of 22 chapters, Fraternity and Sorority Life is home to nearly 20% of the undergraduate student body. By joining a Greek organization, they are gaining more than just letters on a T-shirt. Rather, students are committing themselves to the pursuit of excellence in the areas of academics, brotherhood/sisterhood, leadership, and service/philanthropy.

www.sonoma.edu/campuslife/fslife

Competitive Sport Clubs

Participation in a competitive sports club offers men and women a positive outlet to participate in a wide variety of sports on the competitive level. Teams compete regionally, as well as, in national tournaments against other college and university club teams. These teams are formed, developed, governed and administrated by students allowing for great leadership development. With over 20 sports clubs offered, there are several options for you to pursue.

www.sonoma.edu/campuslife/sports

Disability Services for Students

Salazar Hall 1049

(707) 664-2677 (voice)

(707) 664-2958 (TDD/Text Telephone)

(707) 664-3330 (fax)

www.sonoma.edu/dss

Providing Equal Access

Sonoma State University is committed to providing an inclusive environment, which is responsive to the needs of all students. To ensure this inclusion, appropriate accommodations are provided to students and prospective students who have self identified with various disabilities and who require these accommodations in order to enjoy access to university programs, services, or activities for which the individual are otherwise qualified. Accommodations will not be provided if they fundamentally alter or impact the nature of the program, inappropriately impede access for others or a cause a direct threat to the health and safety of the student with a disability or others. The university's goal is to provide an equivalent academic experience and learning opportunity, but does not guarantee a students academic success.

Role of Disability Services for Students

The University has designated Disability Services for Students (DSS) as the office responsible for receiving, reviewing, and verifying disability documentation for students, authorizing and providing specialized support services, and assisting faculty, staff, and managers in providing equal access with reasonable and appropriate accommodations to students with disabilities within a reasonable and timely manner.

Accommodation Services

DSS considers factors such as documentation from professionals specializing in the area of the student's diagnosed disability, the student's functional limitations, and the student's input and accommodation history in regard to particular needs and limitations

in reaching its determination about appropriate accommodations. DSS works with the student and relevant faculty and staff through an interactive process designed to identify an accommodation that provides equal access, while also ensuring that the academic integrity of the University is maintained by requiring that all students complete the same requirements that have been determined to be essential to the program of instruction or directly related to any licensing requirement.

How to register for services

The Disability Services for Students office (DSS) welcomes Sonoma State University students who are interested in receiving accommodation services related to their disability. All SSU students new to DSS (freshmen, transfer, and continuing students) who are seeking services through DSS are responsible for completing the following 3 steps before their academic accommodations may be provided:

- Complete the Student Intake Form
- Provide Documentation of one's disability
- Schedule an "Intake Appointment"

http://www.sonoma.edu/dss/students/register_for_services.html

The DSS office is committed to ensuring that all students with disabilities have equal access to the educational environment at Sonoma State University. Students are provided with the opportunity to have an interactive working relationship with DSS staff members in order to implement appropriate academic accommodations and services; and students are encouraged to take full advantage of the numerous campus-wide academic support services available to help themselves work to their highest potential.

CSU Early Assessment Program

(707) 664-2617

All 11th-grade students in the state of California (attending a public high school) can now take the California Assessment of Student Performance and Progress in mathematics and English and, upon completing and meeting a satisfactory score, may be deemed "college ready" in either English or Math at each CSU campus throughout California. Students are notified of their readiness for college and directed to resources to assist in college preparation. Teacher in-service training is also available. Superintendents, Principals, Counselors, Testing Coordinators, and parents wishing additional information are encouraged to contact the Early Assessment Program (EAP) or visit the website at www.calstate.edu/eap.

Educational Opportunity Program

Salazar Hall 1060

(707) 664-2427

www.sonoma.edu/eop

The Educational Opportunity Program (EOP) is charged with improving access and retention of historically low-income and education-

ally disadvantaged students who have the potential to perform and succeed in the California State University. Beginning with students' admission to the University, advisors provide academic, career, and transitional advising to EOP students. Advisors assist students with concerns regarding housing, financial aid, and balancing college with personal life demands while meeting graduation requirements.

Those considered for EOP have to be a California Resident or AB 540 student who is either a first-time freshman or transfer applicant. Students must file a FAFSA (Free Application for Federal Student Aid) or the California Dream Act Application to be considered for EOP. Students who are admitted to EOP will be considered for an EOP Grant.

Students who wish to apply to EOP can apply through Cal State Apply, www.calstate.edu/apply. Check EOP Interest on the Undergraduate Application in the "Personal Information" tile and complete the EOP Application on the Cal state apply website. The EOP Recommendation request can be found in the "Supporting Information" tile. Submit the EOP application by January 15, 2018 and the two Recommendation Letters by January 31, 2018. Additional EOP eligibility criteria may be required.

First-time freshmen who are admitted to EOP participate in the residential Summer Bridge Program and in the EOP Academy during their freshman year.

EOP Academy

All SSU Freshmen are required to choose one of the Freshman Learning Courses (FLC's) from among the many different themes and focuses. EOP admitted freshman choose the EOP academy. The EOP Freshman Year Academy is focused on the success of first-generation students and is only available to EOP students. Whatever major or intended career, the EOP Freshman Year Academy is a great way to begin required college coursework and build community on campus.

The Educational Opportunity Program (EOP) Academy is designed to provide academic and social support for our incoming EOP First-time Freshmen (FTF) through the creation of a learning community. Incoming students will enroll in a block of classes with other EOP FTF. It has been demonstrated that students taking part in this type of learning community tend to adapt more quickly to the challenges of college.

Students form a connection to the University, develop a peer support group, and receive assistance from their faculty more quickly and more effectively than do similar students who have not participated in the Academy program. During their second semester at Sonoma, EOP Academy students continue to take a group of linked classes organized for them.

EOP Summer Bridge Program

The Summer Bridge Program at Sonoma is a residential program during the summer designed to facilitate the successful transition of the Educational Opportunity Program students to the University setting. This transition process is developmental in nature and includes personal, social, and educational areas. All incoming EOP first-time freshmen (FTF) are required to attend Summer Bridge.

Summer Bridge is designed to:

- Smooth the way from high school
- Get a taste of university life
- Create supportive relationships
- Meet other EOP students and Advisors
- Introduce you to campus resources
- Learn about student services
- Provide academic advising, and
- Register you for Fall classes

There are numerous workshops given that are designed for incoming EOP students to learn key college survival skills. Among these are workshops on diversity, housing, financial aid, budgeting, and career and major planning. Most importantly, Summer Bridge begins the development of a sense of community for our EOP Students.

Freshman Learning Courses

Sonoma State University's Freshman Learning Courses (FLC) are classes that integrate required General Education (GE) courses while assisting freshman in making a successful academic and social transition to college. Each FLC includes a seminar in which students develop a close connection with the instructor and receive the support of a Peer Mentor. The FLC's help students establish a strong connection to and an understanding of the university; help students recognize that "this university is a place for me, a place where I can be successful"; and provide students with tools to achieve success as they embark on their academic career.

Each FLC has six consistent goals that support degree completion and student satisfaction. The goals address the social and academic transitional challenges most freshmen face. In all FLC's students will:

- Understand different academic paths and disciplines, and begin to discover their academic passion and how to pursue that passion;
- Understand and appreciate ethnic and cultural diversity;
- Practice active and self-responsible learning, and understand the differences between high school and college and what is necessary to be successful and actively engaged in college life;
- Participate meaningfully and ethically in their community;
- Become familiar with campus resources designed to support student success; and
- Develop a strong connection to faculty, fellow students, and university organizations.

The HUB: An Integral Center for Diversity, Vitality and Creativity

Student Center, Second Floor

(707) 664-4247

www.sonoma.edu/hub

The HUB fosters meaningful experiences and conversations that build community within and between cultures, and across different worldviews. As the university's cultural center, The HUB supports and connects underrepresented students and provides the campus community opportunities to explore how to create an inclusive, vital, and just society. This culture of connection and community is largely informed by diversity and social justice related programs that offer intersectional and integrative ways to explore the cultural and social dynamics that shape race, class, gender, sexuality, ability, nationality, and other differences that impact our lives in profound ways.

The HUB: Honoring the past. Uniting in the present.
Building the future.

Honoring.

We believe that all people should be treated with dignity and respect. Differences in race, class, gender, sexuality, ability, nationality, and other intersecting identities and communities should not prevent people from living healthy, meaningful lives.

All of our lives are precious and meaningful.

Uniting.

The HUB is a place where all are invited to explore what it means to be a part of an authentic community. We welcome you as a whole person to bring all the parts of you that you want to share: your identities, perspectives, bodies, emotions, questions, concerns, lineages, strengths, and shadows. As a radically inclusive center and community, or whole system, we do our best to connect, engage, and learn with you. We invite you to explore this with us.

Building.

We encourage students to help build a future that is more just, compassionate, and loving. Thoughtful social change is an ethical and spiritual necessity. We are aware that our world is afflicted by inequality, systems of discrimination, and ecological degradation, and so we enact change within ourselves and our communities. We envision a world where all people have equitable access to what we believe to be common resources: healthy food, clean water and environments, safe housing and community, viable livelihood, inspirational art, appropriate technologies and medicine, and relevant education. This is how we imagine social justice in a global context.

McNair Scholars Program

(707) 664-2264

<http://www.sonoma.edu/mcnair/>

The McNair Scholars program assists students in preparing for and gaining acceptance to graduate school programs. Activities include graduate school admissions workshops, individualized advising,

research internships, travel, and GRE workshops. Participants in the program conduct research under the guidance of faculty mentors, present their research at the annual McNair Scholars symposium, and publish research in the McNair Scholars journal. The McNair Scholars program is located in Schulz 1125.

New Student Orientation and Family Programs

Student Center 3020

(707) 664-4464

www.sonoma.edu/aa/us/orientation/

The mission of the Sonoma State University New Student Orientation and Family Programs is to facilitate the successful transition of new students and their families into the campus community. Through the promotion of the University's academic expectations and support, as well as developmental opportunities, our programs assist students and their families in feeling engaged and prepared in identifying academically, socially, and culturally as a Seawolf.

Summer Orientation provides the opportunity for first-time freshmen to meet other new students, learn about campus life, services available to them, and interact with student leaders. Also, during Summer Orientation, students receive advising and register for their fall semester courses. Parents, Guests, and Guardians are invited to attend and become informed during the Family Orientation Program that is held concurrently, but separately, from the students sessions (up to two guests per student). Spanish language assistance for guests and guardians is available. On-campus Summer Orientations are offered for freshman in June, with an online workshop in July.

Transfer student Orientations are held each semester for our incoming students. Transfer students have the opportunity to learn how their prior course work will lead to a degree from SSU, meet with a faculty advisor in their department, learn about various campus services and programs directly from the departments and other transfer students, review the registration process, and register for their courses.

Residential Life

Zinfandel Hall

(707) 664-4033

www.sonoma.edu/reslife/

More than 3,200 students live in one of six distinct campus "villages" in the residential community. Living on campus is a key part of the educational experience at SSU and is designed to promote academic success as well as personal wellness, civility and responsibility. A team of highly trained student leaders and experienced residential life professionals provides programs and services throughout the year. Planned activities for all residents include trips, lectures, social and educational activities. Residents are expected to know and support the community standards that reflect state law as well as SSU rules and regulations.

Intentional Living Areas

Serving both freshman and continuing students, the residential community offers a variety of options. Options include non-designated

communities, as well as academic, themed, and identity based communities.

Student Leadership

Through the Residential Student Association (RSA) and Village Council there are opportunities to be further involved and develop leadership skills. RSA is responsible for representing student concerns to Housing and Residential Life as well as planning major events and activities.

TRIO Student Support Services

(707) 664-2853

<http://web.sonoma.edu/lss/unitedforsuccess/index.html>

Student Support Services (SSS) is a federally funded TRIO program designed to enable students to successfully begin their college career, persist in their studies and earn a Bachelor's Degree. Various eligibility options include low-income, first-generation or students with documented disabilities. SSS programs provide personal and academic support including tutoring, advising and study skills. Assistance with financial literacy and graduate school preparation are also provided. SSU has two projects on campus to assist students:

Multilingual Achievers Program

(707) 664-2853

<http://web.sonoma.edu/lss/unitedforsuccess/index.html>

The Multilingual Achievers Program (MAP) provides personal and academic support for 145 eligible students with individualized tutoring in writing and math specializing in those with a first language other than English or those who speak multiple languages. MAP is located in Salazar Hall 1040.

United for Success

(707) 664-2853

<http://web.sonoma.edu/lss/unitedforsuccess/index.html>

United for Success provides personal and academic support for 350 eligible students. United for Success is located in Salazar 1040.

Student Health Center

Student Health Center Building

(707) 664-2921

www.sonoma.edu/shc/

Accredited by the Accreditation Association for Ambulatory Healthcare, Inc.

Sonoma State University maintains a nationally accredited, on-campus Student Health Center (SHC) that provides outpatient primary medical care as well as health education, public health, and disease prevention services for regularly enrolled SSU students. The Student Health Center is located along West Redwood Circle, between the Schultz Library/Information Center and Rachel Carson Hall, and East of the Zinfandel village area of the residence halls.

Hours: are 8 a.m. to 5:00 p.m. M-F, excluding campus closures and holidays.

Staffing: The Student Health Center's licensed professional staff includes board certified physicians, nurses, pharmacists, clinical lab scientist, and X-ray technologist.

Services: The SHC provides quality outpatient medical care for standard illnesses, injuries, and basic acute mental health concerns. Pharmacy, lab, x-ray, travel and athletic medicine, and preventative medical services such as immunizations, Pap smears, contraception, and health education are also provided. While interim and transitional care are offered for medical stabilization, support and continuity of care purposes, long term comprehensive care for chronic complex conditions that require hospitalization or 24/7 continuing treatment by a specialist, are beyond the scope, staffing, or hours of operation of the Student Health Center.

SHC medical visits, health education, and public health services are available at no additional charge to regularly enrolled SSU students who have paid the mandatory per semester student health fees. Nominal user fees are charged for pre-employment and pre-participation physicals and for summer services. Discounted user fees are also in place to cover the acquisition cost of medications, vaccines, specialized diagnostic tests, and certain other medical supplies.

Regularly enrolled SSU students who have paid the per semester mandatory campus health fees along with other SSU campus registration fees may receive basic medical visit services at Sonoma State University as well as other California State University Student Health Centers without additional charge during their regular academic year enrollment. Health insurance is not required to use the Student Health Center. However, personal health insurance is recommended, because students are financially responsible for medical services they receive outside the SHC and from off campus entities. Students without health insurance should go to <http://www.sonoma.edu/shc/consumer-information/health-insurance.html> for relevant information.

Confidentiality: SHC medical records and related individually identifiable health information are confidential and are held in a manner consistent with state and federal law as well as national accreditation standards. Parents, family members, University personnel, and other individuals who are not the healthcare providers and SHC support staff directly involved in the student's medical care do not have access to SHC medical information without the patient's consent.

Student Health Advisory Committee (SHAC): Opportunities for student involvement and advocacy relevant to campus health issues are available through SHAC and health promotion projects. To learn about SHAC and how to become involved go to <http://www.sonoma.edu/shc/shac/>. Those interested in serving on SHAC are encouraged to contact the Student Health Center. Those interested in health promotion projects should contact the SHC health education nurse.

Testing Services

International Hall 205
(707) 664-3437
www.sonoma.edu/testing

Testing Services provides a variety of services to the campus community designed to assist students in their admission, placement, and graduation requirements. The following are exams regularly offered through SSU Testing Services:

Undergraduate Admissions Exams

- Scholastic Aptitude Test (SAT)

Graduate School Exams

- Graduate Record Exam (GRE), Subject Tests only at SSU
- Law School Admissions Test (LSAT)

Credential candidates should contact either the Credentials Office, at (707) 664-2832, or the Recruitment and Information Specialist, at (707) 664-2593, for particular program test requirements.

Students interested in graduate programs at Sonoma State University must check with their department about specific testing requirements.

Proctoring Services

SSU Testing Services offers test proctoring services on-demand for online paper/computer based type tests like BYU, CLEP, DANTES, and certifications. The SSU proctoring fee, aside from the exam fee itself, is a flat rate of \$25. Sessions are by appointment only and available for SSU students and the general public at large.

Monday - Friday from 9 a.m. -3 p.m.

To set up an appointment, contact the Testing Coordinator by phone at (707) 664-3437 or email Luis.Vega@sonoma.edu.

Credit for College

Various tests assess college-level knowledge in designated subject areas. A passing score can earn examinees college credits without having to enroll in college courses.

- College Level Examination Program (CLEP) subject exam
- DANTES Subject Standardized Tests (DSST)

The SSU Testing Office only administers tests and does not provide advising nor interpretation of tests or policy for admissions purposes.

Disabled students who require special arrangements for testing accommodations should contact the Testing Coordinator at least 2 weeks prior to an anticipated test date to ensure compliance.

SSU Office of Undergraduate Research and Creative Experiences

(707) 664-2264
www.sonoma.edu/source/

The SSU Office of Undergraduate Research and Creative Experiences (SOURCE) provides SSU students with information, resources, and opportunities to conduct, prepare, and present research and/or

creative projects. Services include grant funding for research and creative projects, individual advising, and workshops on funding research, locating research opportunities, and preparing effective presentations. SOURCE is located in Schulz 1125.

Tutorial Center

(707) 664-2429
www.sonoma.edu/lss/tutorialcenter.html

The Tutorial Center provides peer-tutoring services to enrolled SSU students free of charge. Tutoring is by appointment and is available in more than 50 courses. In addition, more than 40 science, business, and modern language courses have group supplemental instruction or study groups led by an SI Leader attached to the course. The SSU Tutorial Center receives funding from the Associated Students and is located on the first floor of the Library.

University Store

(707) 664-2329
Student Center, 2nd floor
www.sonoma.bncollege.com

Professionally managed by Barnes & Noble, the Sonoma State University Store provides a large selection of SSU textbooks, gear, and gifts. With an ever-expanding selection of textbook rentals, digital and ebook offerings, supplies, and course materials, the bookstore is a one-stop shop for everything needed to make it a successful semester. Keep up to date on store promotions and events through the bookstore Facebook:
www.facebook.com/SonomaStateBookstore.

Store Hours

Monday-Thursday 7:30 a.m.-6:30 p.m.
Friday 7:30 a.m.-5:00 p.m.
Saturday 10 a.m.-3 p.m.
Sundays and University holidays - closed

Upward Bound Programs

(707) 664-3273 Upward Bound Sonoma County
(707) 664-3273 Upward Bound Math & Science
(707) 664-3273 Upward Bound North
(707) 664-3273 Upward Bound Piner
(707) 664-3273 Upward Bound Fort Bragg
(707) 994-6471 Upward Bound Lower Lake
(707) 994-6471 Upward Bound Upper Lake

Upward Bound programs serve pre-college students from low-income and/or first-generation backgrounds who attend targeted high schools in Sonoma, Napa, Mendocino, and Lake Counties. Upward Bound students attend a rigorous Saturday Academy program throughout the academic year augmenting the classes they take at their public schools and a six-week Summer/STEM Academy program preparing them for the classes they will be taking in the upcoming school year. During their four-year commitment in Upward Bound, students participate in frequent social and cultural

field trips and attend numerous college campus tours. Upward Bound programs provide tutorial and college placement services as well as comprehensive career exploration activities. Upward Bound programs are federally-funded TRiO projects and are located in Building 49.

Writing Center

Schulz Information Center 1103
(707) 664-4401
www.sonoma.edu/writingcenter

The Writing Center offers assistance in writing-related issues to all members of the SSU community, with the primary goal of helping students improve as academic writers. Students can request tutoring help for any writing task at any point in the writing process, from generating ideas to editing for correctness. In addition to one-on-one and group tutorials the Center offers online resources available through our website.

The Center also offers in-class workshops for students on writing-related issues and consultations for instructors and academic units on improving writing across the curriculum.

Call or come to the Center to make tutoring appointments or to talk with the administrative staff about other services.