



# Outdoor Leadership

ENSP 444 – Fall 2007

## Instructor

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## Course Description

This course is designed to respond to a growing market and to improve the quality of outdoor leadership. While primarily a survey course, it combines both theory and practice to address both soft and hard skills of outdoor leadership.

Central course topics will include:

- safety and first aid
- what makes an effective outdoor leader
- planning, leading and debriefing trips
- business models and employment options
- skill-based outdoor experiences, including:
  - low and high ropes
  - whitewater rafting and kayaking
  - maps and navigational equipment
  - sea kayaking
  - rock climbing

## Textbook

*Outdoor Leadership READER*. Available at the College Copy Shop, corner of Camino Collegio and E. Cotati Ave. You also need to buy a journal you can carry at all times in the field.

## Structure and Travel

Required classes occur on every other Friday, (typically 9 am to 6 pm) for the first 10 weeks of the semester. Session Two begins on Thursday evening, 5 pm. Vans will leave at 8 am for Session Four.

## Course Fee

Some necessary aspects of this class cost extra, such as site rental, guide services, and specialized equipment. Every effort has been made to keep costs low and to obtain significant discounts. The approved course fee is \$250. Course fees can be a part of Financial Aid/Loans.

## Grading

This is a credit/no-credit course. In order to pass the class you must fully participate in ALL class sessions and obtain 100 points.

Points are awarded for three required elements —

1) class attendance, 2) quizzes, and 3) outside hours spent at training and professional activities. You receive 1 pt for every hour and you must obtain independent verification of your time. Travel time is not included. Other professional training activities may qualify, so consult with the instructor. I will provide a handout on the outside hour requirement. No incompletes allowed.

50 pts      Attend all five required class sessions

0 - 40 pts    Four Class Quizzes (up to 10 points possible on each)

Other opportunities include: Red Cross Basic First Aid, Red Cross CPR, Wilderness First Aid course (\$80), attend and critique an ODP trip (.25 pts per hr), lead an ODP trip, take an ODP class, attend an REI lecture/workshop, take advanced skill courses for areas addressed in class, training opportunities through professional organizations.

## Course Schedule

<u>Date</u>	<u>Locale</u>	<u>Focus</u>
8/24	Sonoma State University	Course Intro and Logistics
	Mendocino Woodlands	Ropes and Folks
9/1 - 2	Wilderness First Aid	OPTIONAL
9/7	American River	Whitewater Rafting, Kayaking, Quiz
	<b>(9/6 5 pm, vans leave)</b>	
9/21	Pt. Reyes Natl Seashore	Trail Techniques, Map/Compass/GPS
10/5	Tomales Bay	Sea Kayaking, Quiz
	<b>(Vans leave SSU at 8 am)</b>	
10/19	Sonoma State University	Rock Climbing, Class Potluck, Closing

## Liability

All students will be required to complete and sign a variety of hold harmless liability forms.