



Outdoor Leadership

Department of Environmental Studies and Planning

Sonoma State University

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THE MARKET

Outdoor leaders are in demand from growing outdoor recreation, adventure tourism and multisport industries. In addition, outdoor leadership skills are directly applicable to the workplace in a wide range of leadership, management and coordination positions. There is also a steady demand for outdoor leaders in non-formal educational settings, such as outdoor education schools, the outdoor products industry, business and management training programs, adventure therapy projects, and other non-formal educational and recreational enterprises. Outdoor leadership employment opportunities often are located in some of the world's most fascinating and beautiful places, both in the U.S. and overseas.

OUR PROGRAM

The Outdoor Leadership study track described here combines relevant coursework in business, environmental science, kinesiology, and organization leadership. This study plan also utilizes coursework within minor programs offered by other departments as well as our Multiple Subject Credential Preparation Track.

MOUNTAINS TO OCEANS

The Sonoma State Outdoor Leadership study track takes full advantage of the unique location of our campus. The North Bay is home to amazing beaches, rivers, deltas, bays, and mountains as well as a wealth of outdoor businesses and organizations. Most of the courses in our major requirements include significant field-based study and some include multi-day field trips.

THE REAL WORLD

All students are required to refine their skills through a formal internship. Internships – with local outfitters and organizations or on-campus programs such as the rock wall, outdoor resource center, or wilderness welcome program – give students the opportunity to apply their skills to help coordinate, lead, teach and evaluate programs in the outdoor leadership field. In addition to the required academic curriculum that follows, a variety of leadership training and skill development opportunities are also offered at SSU.

Check our website: www.sonoma.edu/ensp/

Other ENSP Study Plans include Education and the Environment • Planning • Energy Management & Design • Water Quality • Conservation & Restoration

OUTDOOR LEADERSHIP STUDY PLAN

Required coursework for the BA Degree

STUDY TRACK REQUIREMENTS (49 - 50 total units)

Lower Division Requirements (4 units)

ENSP 200 Global Environmental Issues (3) (GE)
ENSP 201 Environmental Forum (1)

Major Requirements (29 units)

ENSP 301 Human Environment or approved substitute (4)
ENSP 302 Applied Ecology (4)
ENSP 303 Physical Environment (4)
ENSP 305L Computer-Aided Communications (3)
ENSP 440 Education and the Environment (4)
ENSP 442 Methods and Models: Ed and Env (3)
ENSP 444 Outdoor Leadership (3)
ENSP 499 Internship in Outdoor Leadership (4 unit minimum)

Kinesiology (9 units)

KIN 325 Introduction to Adaptive Physical Education (3)

KIN 410 Lifespan Motor Development (3) -- OR --
KIN 427 Individuals with Disabilities in
Educational and Recreational Settings (3)

KIN 340 Emergency Response (3) – OR –
KIN 342 Principles of Musculoskeletal Injuries (3)

Business (4 units)

BUS 451 Entrepreneurship/Small Business
Management (4) – OR --
BUS 466 Organizational Communication (4) -- OR --
POLS 5XX Non-Profit Public Administration courses (4)
– OR – Approved Substitute

Leadership (3-4 units)

UNI 238 Foundations of Leadership (3) – OR –
PSY 424 Human Systems Leadership (4) – OR –
POLS 513 Leadership and Supervision

GENERAL EDUCATION NOTES

The BA Degree also requires completion of the General Education (GE) requirements of the CSU. See your advisor if you are unclear about your GE requirements. You can take courses above to fulfill this study track at any time. We recommend completion of GE courses before taking the "Major Requirements" above.

GE RECOMMENDATIONS

BIO 220 Human Anatomy (4) BIO 224 Human Physiology (4)
(These two GE courses, combined with the nine units of KIN courses in the study track above, and two additional kinesiology courses, meet the requirements for a Minor in Kinesiology. See advisor for details.)

(Updated: Summer 2007)